



RelieVR_x®

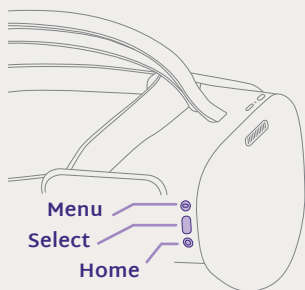
Quick Start Guide



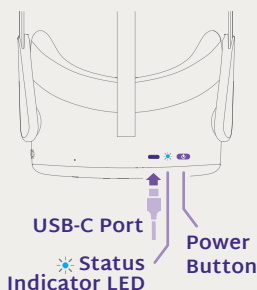
Before You Start

Setup will take **10-15 mins** and you will be on your way with RelieVR_x® program.

1. Your **RelieVR_x program kit** includes:
 - Pico® G3 VR headset
 - USB-C charging cord and wall charger block
 - Protective case
2. **Get to know your device** (see diagram below).
3. Have your **WiFi password on hand**, you will be prompted to connect to WiFi during your onboarding session. Connecting to WiFi is highly recommended.
4. Find a **quiet and comfortable place to sit** that is free from obstructions and distraction.



Side View



Top View

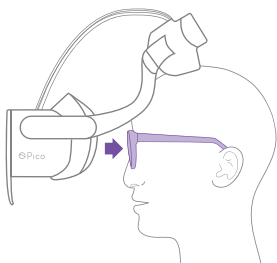


Getting Started

1. Fit your device

To put the device on, place the device over your eyes and pull straps down over your head. Make sure you have a proper fit and tighten straps if needed.

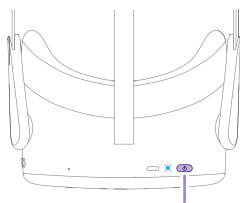
Note: The device fits over most standard eye glasses with a frame width of less than 6.3 inches (160mm).



2. Power on the device

Press and hold the  **POWER button** for **3 seconds** until the status indicator turns **BLUE**.

Top View



Power Button

3. Start your device onboarding

You'll be guided through device operation and how to use important features like  **gaze-based** navigation and **WiFi** connection.

WiFi is not mandatory but is **highly recommended** so our support team can better assist you on your journey.



Headset



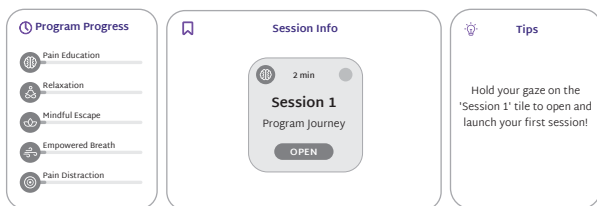
WiFi Network



Internet

4. Start your RelieVRx therapy session

Your home screen will feature your daily VR session at the center. On the left, you'll see your program progress, and on the right, you'll receive helpful tips. Use the  **GAZE** cursor to select **OPEN**, and then **START** to launch your first session!

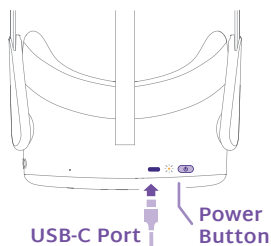


5. Get ready for your next session

Once your daily session is complete, power off your device. Press the  **POWER** button for 2 seconds until the screen goes black. If your device's battery level is low, plug the charger in the device to ensure it's ready for your next session.

Note: Your device will enter sleep mode when not in use after you take it off.

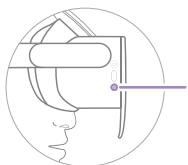
Top View



Ensure Image Clarity



You might have to modify the distance between the lenses. Shift the lenses inward or outward, bring the device to your face after each adjustment, and check the image for clarity to determine the setting that produces the clearest image.



If the content on screen is off-center, look straight ahead and press the  **HOME** button located on the right side of the device.



Status Indicator LED Lights

- **BLUE** - Powering on/work mode
- **YELLOW** - Battery is low
- **FLASHING RED** - Battery is extremely low
- **GREEN** - Charging complete



Device Care

- Always **follow instructions** included with the device.
- Keep the device in its  **protective case** when not in use or transporting.
-  **Refrain from smoking** while using the device.
- **Do not** expose the headset to **direct**  **sunlight** (permanent damage can occur in less than a minute).
- **Do not** use/store it outdoors, on a balcony or windowsill, or in a vehicle.

AVR Pathway

For support,
please contact:

1+(844) PATH4VR

(844-728-4487)

support@avrpathway.com

Visit support.avrpathway.com to find:

- Instructional Videos
- Step-by-step Guides
- Troubleshooting



RelieVRx



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